

HAIR MINERAL ANALYSIS

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Your hair contains all the minerals present in your body, including nutritional minerals as well as toxic heavy metals. Hair analysis is a laboratory test that measures the mineral content in the hair. In most cases, the test results reflect how much of these elements are in your tissues and provide a vivid picture of your internal environment. With this information, a world of metabolic events can be interpreted. Not only can your nutritional status be viewed, but we can also learn much about how efficiently your body is working.

Consider that diet is what we consume and nutrition is what we retain, then we can see that discovering what your body needs is a valuable tool in creating health. This tool indicates which supplements you need and which ones you should avoid. What serves as good nutrition for one person may not be good for you. Your Hair Analysis Report is designed to help you and your health practitioner determine the best nutritional program for you.

Hair mineral analysis is the only FDA and US Government approved method of determining toxic levels of heavy metals in humans and animals. Not only will the analysis provide you with vital information, testing will also give a profile of your metabolic status and solutions for elimination of toxic levels of heavy metals.

Hair is the biopsy of choice because the mineral concentrations found in the hair represents long-term uptake or exposure making it more useful for nutritional and epidemiological studies. Blood and urine testing gives an indication of the mineral status of the body only at a specific time it does not show what it is retaining or eliminating in the tissues.

I only use TEI as it is a licensed and certified clinical laboratory that undergoes regular inspections with the Clinical Laboratory Division of the Department of Health and Human Services, HCFA. All clinical laboratories must be certified by these agency and adhere to their established standards and protocol. However, the quality assurance/quality control programs at TEI go far beyond these guidelines and requirements as they are continuously refining and improving this valuable laboratory technique.