

THE MAGIC OF HOMEOPATHY

By Rebecca Tkach, HHP, CST, LMT

My daughter Gretchen was born in 1976. By the time she was two she had had over 30 ear infections. Testing showed her to be allergic to 99 of the 100 substances tested. Even with weekly allergy shots the infections continued. At age three she was diagnosed asthmatic and started medication for that problem along with the allergy shots. Within 6 months she became severely ill and was hospitalized with pneumonia and bacterial infection in her blood. I had taken her twice to two different pediatricians the week she was admitted to the hospital. She was in intensive care for two weeks. I was told there was very little chance she would recover. She did recover, however she was very fragile.

We moved up to Oregon about six months later. She had been off dairy products for a few years by then so I also removed red meat, dyes, and preserves and grew an organic garden. Gretchen did very well for about six months then she caught a cold that developed into bronchitis. I took her to a pediatrician and he put her on antibiotics. The first round of medicine didn't work so he started her on another one. This one was not working either and I shared my problem with a friend that suggested homeopathy. I had never heard of this form of medicine but I was desperate and made the appointment.

The visit with the Doctor took about two hours he asked hundreds of questions as well as giving Gretchen a complete examination. At the end of the visit he gave me a little vial of what looked like water and told me it was homeopathically prepared Belladonna. I was told to give her three drops under her tongue three times a day for three days and she would be better. She was completely better in three days all of the symptoms of bronchitis were gone. It took me a while to understand the significance of what had happened. The threat to her health was gone. She and I had been given a new chance at life. It is hard to describe the relief. The allergies were gone the asthma was gone. Gretchen is now 32 and has never had another problem with ear infections, allergies or asthma.

We moved from Oregon and I began to use homeopathic remedies for my family on a regular basis. I have treated hives, ear infections, urinary tract infections, colds, flu, pink eye, headache, rash, hormonal problems, arthritic conditions, and more. I must say if I treated a condition and homeopathy was not working I would seek a physician for allopathic treatment. I truly believe that natural medicine and allopathic or traditional medicine should be used together not instead of one or the other. In the future this will be the norm rather than the exception.

There are over the counter homeopathic remedies available at every pharmacy and even most grocery stores. I have used the remedy from the regular drug store to treat swimmer ear with great success. There are many pocket guides for first aid and acute conditions available and the remedies are readily available at most health food stores. Try them you will be amazed at how effective they can be. Homeopathic remedies can be just as effective as the pharmaceuticals without the side effects. There are even home health care kits you can purchase with the basic remedies so you have them on hand when the need arises.

Because of how powerful and effective homeopathy can be on so many health issues I am pleased we now offer this at the center. Homeopathy can treat many acute conditions such as stress, arthritic conditions, muscle pain, headache, allergies, digestive problems, vertigo, just to name a few. With the self help guides you should be able to determine the remedy you will need. Other times it may be a little more complicated. Call us if you need help. Homeopathy has made a positive difference in the lives of my family and now my clients. I hope it can make a difference for you.

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