

Learn How to Eat Right 4 Your Blood Type

**Early Bird
Special!**

Only \$99!

*After 8/11/2009
Fee is \$129*

In this 4-Week Course, you will receive:

- Blood Type Test (\$30 Value)
- Handy Pocket Guide for Your Specific Blood Type
- Instructional Guidelines for Making the Transition
- Food Shopping Guide
- Answers to Your Individual Questions
- Lose Weight Naturally and Enjoyably
- Gain More Energy Than You Ever Imagined
- And Much, Much More!!

Valued over \$400!

Class size is limited to 10 people.

Sign up soon, as spots fill up quickly!

STARTS SATURDAY, 8-9-2009

Subsequent Classes Held Every Other Week

TIME: 9:00AM—10:30AM

Presented by :

Becky Tkach, HHP, CST, LMT
Nutritional Counselor



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4 Blood Types, 4 Diets

EAT RIGHT

FOR

YOUR TYPE

The

INDIVIDUALIZED

Diet Solution to Staying Healthy, Living
Longer & Achieving Your Ideal Weight

Dr. Peter J. D'Adamo
with Catherine Whitney